

In Search of Truth: Physics with Zeeya Merali (S2:E6)

**“I went there originally to go and speak to him about his ideas for the origins of space and time, but in the back of my mind, I wanted to ask him about his practices meditating, just as an aside maybe.”**

March 29, 2023



Welcome to *In Search Of*, a podcast where we go in search of voices and perspectives that inform and expand a life of faith. In this episode, Amy talks with journalist Zeeya Merali about physics. Zeeya explains the science behind creating new universes, determinism and free will, and creating something out of “nothing.” They also discuss how physics can inform one’s inner life and the benefits of making science accessible. Explore these questions and more on this episode of *In Search Of* . An transcript of this episode is available [here](#).

Zeeya Merali is a freelance writer based in London and author of *A Big Bang in a Little Room*. Her writing has been published in *Scientific American*, *Nature*, *New Scientist*, *Discover*, and on the BBC. Zeeya Merali also edits the [Foundational Questions Institute website](#), where she blogs and co-hosts a physics podcast, and runs [thelittlebangtheory.com](http://thelittlebangtheory.com).

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Learn more about this subject:

- Zeeya Merali, *A Big Bang in a Little Room: The Quest to Create New Universes* (Basic Books)

- Amanda Gefter, *Trespassing on Einstein's Lawn: A Father, a Daughter, the Meaning of Nothing, and the Beginning of Everything* (Bantum Books)
- Sabine Hossenfelder, *Existential Physics: A Scientist's Guide to Life's Biggest Questions* (Viking)
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