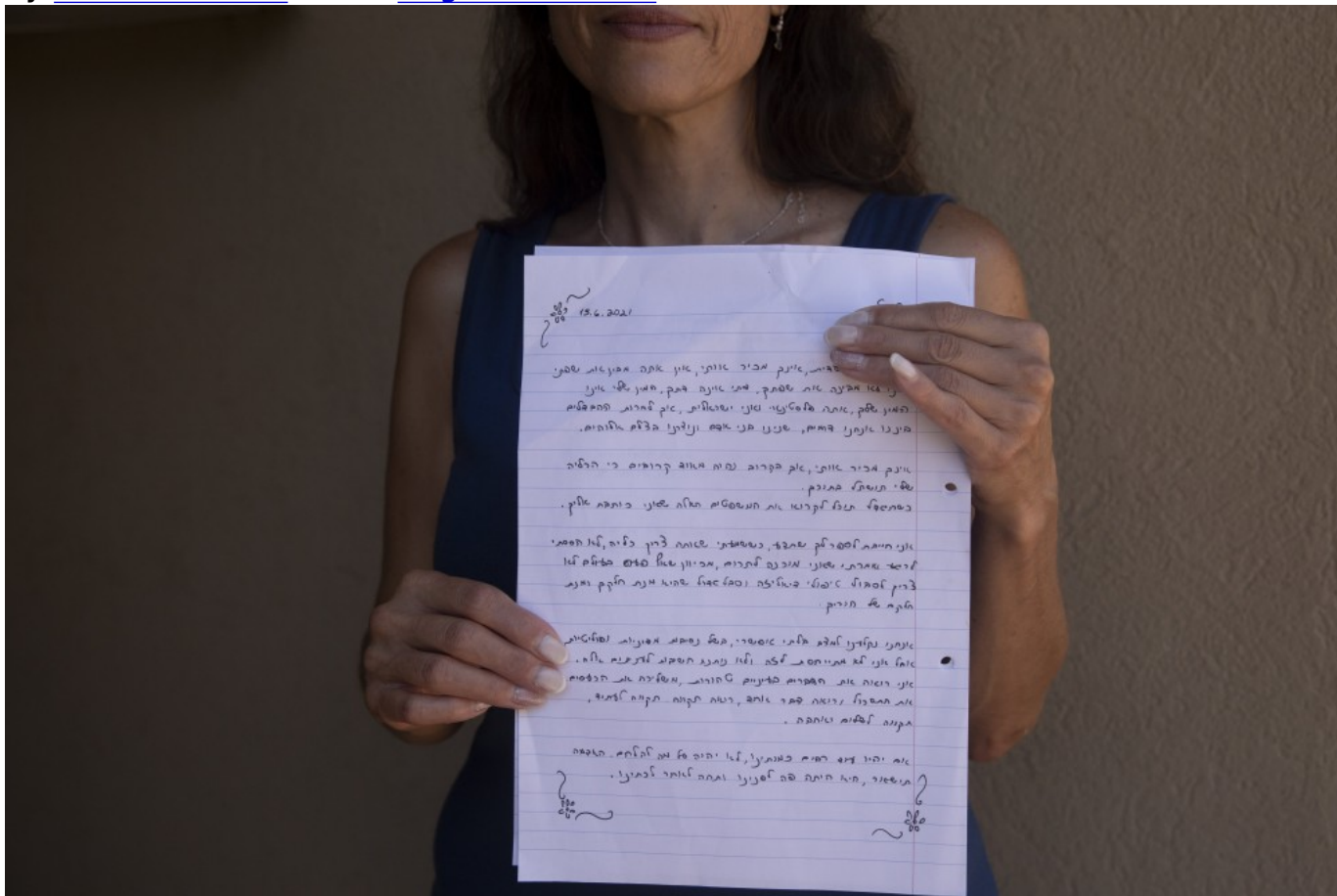


A birthday gift: Israeli woman donates kidney to Gaza boy

by [Laurie Kellman](#) in the [August 25, 2021](#) issue



Idit Harel Segal, who donated a kidney to a Palestinian child from the Gaza Strip, holds the letter she wrote to the boy. (AP Photo/Maya Alleruzzo)

Idit Harel Segal was turning 50, and she had chosen a gift: she was going to give one of her own kidneys to a stranger.

The kindergarten teacher from northern Israel, a proud Israeli, hoped her choice would set an example of generosity in a land of perpetual conflict. She was spurred by memories of her late grandfather, a Holocaust survivor, who told her to live meaningfully and by Jewish tradition, which holds that there's no higher duty than saving a life.

So Segal contacted a group that links donors and recipients, launching a nine-month process to transfer her kidney to someone who needed one.

That someone turned out to be a three-year-old Palestinian boy from the Gaza Strip.

“You don’t know me, but soon we’ll be very close because my kidney will be in your body,” Segal wrote in Hebrew to the boy, whose family asked not to be named due to the sensitivities over cooperating with Israelis. A friend translated the letter into Arabic so the family might understand. “I hope with all my heart that this surgery will succeed and you will live a long and healthy and meaningful life.”

What unfolded over the months between Segal’s decision and the June 16 transplant caused deep rifts in the family. Her husband and the oldest of her three children, a son in his early 20s, opposed her plan of undergoing a major surgery that was not medically necessary. Her father stopped talking to her.

To them, Segal recalled, she was unnecessarily risking her life.

“My family was really against it. Everyone was against it. My husband, my sister, her husband. And the one who supported me the least was my father,” Segal said during a recent interview. “They were afraid.”

When she learned the boy’s identity, she kept the details to herself for months.

“I told no one,” Segal recalled. “I told myself if the reaction to the kidney donation is so harsh, so obviously the fact that a Palestinian boy is getting it will make it even harsher.”

Israel has maintained a tight blockade over Gaza since Hamas, an Islamic militant group that opposes Israel’s existence, seized control of the area in 2007. Israel and Hamas have fought four wars since then, and few Gazans are allowed to enter Israel.

For Segal, the gift that had sparked such conflict in her family accomplished more than she hoped. Her kidney helped save the boy’s life and generated a second donation. On the same day his son received a new kidney, the boy’s father donated one of his own—to a 25-year-old Israeli mother of two.

Segal said she visited the boy on the eve of his surgery and maintains contact with his parents.

Segal said she honored her grandfather in a way that helps her cope with the grief of his death five years ago. The donation was an act of autonomy, she said, and she never wavered. And eventually her family came around—another gift, perhaps, in

itself.

She said her husband understands better now, as do her children. And on the eve of Segal's surgery, her father called.

"I don't remember what he said because he was crying," Segal said. Then, she told him that her kidney was going to a Palestinian boy.

For a moment, there was silence. And then her father spoke.

"Well," he said, "he needs life, also." —Associated Press