Like rocks

by John Forbis in the June 15, 2004 issue

A Desert Father said that we should be like rocks in the face of suffering.

I sit on ancient weather-beaten boulders and hear the wind scraping their surface. Some have deep crevices, one a crater with a rippling pool.

My face fragments and distorts in its reflection. Someone has placed small stones neatly around its perimeter, a gesture of gratitude for an implicit understanding.

Baboons bark in the distance. I look for them, but I do not see them. No one ever does in this valley.

I lie back and soak my hand in the chilling water while rubbing my other hand gently over the moss-stained roughness of these old silent proprietors.